



Youth Fitness Clinic 2026/27

INCLUDED WITH ALL FAMILY AND ONE PARENT FAMILY PLANS

BASKETBALL CLINIC

Day: Every Monday

Ages 5-10 @ 4:00pm—5:00pm

Ages 11-16 @ 5:00pm—6:00pm



Description: These sessions are for boys and girls, ages 5-16 of all skill levels and abilities. The clinic will focus on individual skill development, the importance of fundamentals, and the development of a healthy team attitude.

Location: The Racquet Club, 825 Jones Road, YC, Basketball court # 8

ADDITIONAL INFO: Classes are non refundable and non transferable. Revolving billing is MTM, 30 day expiration and a written 30 day notice to cancel is required. There are no make up sessions. For more details contact Irene at: 530.673.6900 or irene@ycrc.com

Please sign waiver on back of registration form

Participant Name: _____ D.O.B: _____ Date: _____

Guardians Name: _____ Phone #: _____

Please List Clinic or Clinics Name: _____

Address: _____

COST: Member (Non Family Plan): \$59 per month or 2 clinics for \$99 per month

Non-Member or Charter School: \$79 per month or 2 clinics for \$149 per month

Charter School Name if Applicable: _____

Revolving Billing Signature (members only) : _____ Date: _____

Check # _____ or If you wish to use a credit card _____ or cash _____ please indicate and take your registration form to the Front Desk to complete your transaction. Credit Card # _____ Ex date: _____

WAIVER OF LIABILITY

The undersigned recognizes that the use of the equipment and facilities of the Yuba City Racquet and Health Club involves a risk of physical injury including that caused by the negligence of himself/herself or The Yuba City Racquet and Health Club, its agents and employees. The undersigned hereby agrees to assume the risk of injury in its entirety regardless of the cause.

The undersigned hereby voluntarily and forever releases, discharges, waives and relinquishes any and all actions, causes of action, or claims or personal injury, property damage or wrongful death occurring to himself/herself, against the Yuba City Racquet and Health Club, its agents and employees arising out of his/her use of the facilities. The undersigned further relinquishes any action, causes of action, or claims which may hereafter arise, and agrees that under no circumstances will he/she present any claim for personal injury, property damage or wrongful death against the Yuba City Racquet and Health Club, its agents and employees, arising out of his/her use of the facilities.

The undersigned agrees that in the event of any claim for personal injury, property damage or wrongful death to the undersigned is prosecuted against the Yuba City Racquet and Health Club, its agents and employees, he/she shall indemnify and save harmless the same Yuba City Racquet and Health Club from any and all such claims and causes of action.

IT IS THE INTENTION OF THE UNDERSIGNED, BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE YUBA CITY RACQUET AND HEALTH CLUB, ITS AGENTS AND EMPLOYEES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY ITS NEGLIGENCE.

(signature of Legal Guardian is required if guest is under 18 years old)

PRINT NAME: _____ SIGNATURE: _____ DATE: _____

PRINT NAME: _____ SIGNATURE: _____ DATE: _____

PRINT NAME: _____ SIGNATURE: _____ DATE: _____