

Yuba City Racquet & Health Club



NURSERY (4 wks to 6 yrs)

It is the policy of the Yuba City Racquet & Health Club to ensure a safe and stimulating environment for the children at all times. The following procedures shall be followed:

NURSERY Full Club Family members and Full Club One Parent members receive 3 hours per day per child in the Nursery. All other member types pay \$3 per hour per child. Nursery is open Monday to Friday 8am to 1:30pm & 3:30pm to 8:30pm, Saturday 9am to Noon.

RESERVATIONS call 673-6900 and ask for the Nursery

- A. You must have reservations for each use of the child care facility.
- B. Parents, PLEASE honor our THREE HOUR daily limit (\$3/hour/child after three hours).
- B. If you decide not to use the center, PLEASE cancel your reservations. After 15 minutes without a call, your reservation will be automatically cancelled.
- C. You may only have 1 reservation on the books at a time.
- D. Try to make reservations in advance as we need to schedule the required amount of attendants.
- E. A no show fee of \$5.00/child will be charged to your account if you do not cancel your reservation.

NO SICK CHILDREN are accepted in the Nursery. We strive to keep our room a healthy and happy place. Please keep sick children at home (i.e. ear infection, runny nose, cough, congestion, fever, diarrhea, vomiting, etc.) If your child has allergies please bring a note from your pediatrician. We reserve the right to refuse serves to anyone.

SIGNING IN & OUT

- A. Parents must sign in children, including time and membership type. Please print.
- B. Unless given special permission, NO One will be allowed to sign out the children, except for the parent who signed in the children.

PARENTS MUST REMAIN ON CLUB PREMISIS while their children are in the Nursery. If parents are going to be at Rancho Cortez they must state so on the sign-in sheet

DIAPERS Should you bring extra diapers, we are more than happy to change them up to 3 years of age. Should children over the age of 3 need to be changed, you may be called on during your workout. However, we do ask that you be sure your children have been changed prior to bringing them to the Nursery. No cloth diapers. Please notify us if your child is being potty trained.

FOOD & BOTTLES Nursing bottles are okay. HOWEVER, NO FOOD, NO GUM AND NO DRINKS!

TOYS Please do not bring toys from home. It creates a disturbance in the Nursery.

DISCIPLINE At times, the Nursery area can become disruptive when one or more of the children exhibit inappropriate behavior. In order to maintain the best possible atmosphere for your child, the following disciplinary measures may be taken: A child behaving inappropriately will be required to take a "time-out." Should this behavior continue, we will locate you and ask that you take your child from the Nursery. Children that consistently exhibit inappropriate behavior will not be welcome in the Nursery until given approval by the Director.

For your child's safety, enclosed shoes must be worn for outside play area. Room capacity is 24 children.