



# AQUATICS

## Lifeguard Training 2011

Ages 15 and up (If younger, please contact the Aquatics Dept.)

This course is designed to teach you the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities will also prepare you to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.

**Location:** Yuba City Racquet Club

**Cost:** \$ 160.00

**Session 1:** April 25

April 26-28

**Session 2:** May 1, 7, 8, 14

**Session 3:** May 15, 21, 22, 28

**Session 4:** June 6, 7, 8, 9, 10

**Time:** 5pm – 8pm

**Time:** 9:00am – 5:00pm

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**Time:** 10:00am – 4:00pm

**Cost includes:** Materials, Pocket mask, Certificates, and Processing Fee. For additional information please contact; Terry Townsend @ 530-673-6900 x109 or email [terry@ycrc.com](mailto:terry@ycrc.com)

\* Cancellation Policy: Cancellations received less than 24-hrs in advanced are charged the full rate. No refunds.

### Lifeguard Training Registration 2011

LG

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_ Phone Number(s): \_\_\_\_\_

Session: (circle): 1 2 3 4

Payment: Check # \_\_\_\_\_ or House Charge Signature: \_\_\_\_\_ Date: \_\_\_\_\_