



AQUATICS

Life Guard Training 2010

Ages 15 and up

This course is designed to teach you the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities will also prepare you to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.

Location: Yuba City Racquet Club

Cost: \$ 160.00

Session 1: March 28th
March 29th – April 2nd

Time: 8:00am – 4:00pm
11:00am – 3:00pm

Session 2: April 3rd
April 5th, 7th, 9th
April 11th

Time: 8:00am – 5:00pm
4:30pm – 8:30pm
8:00am – 5:00pm

Session 3: May 15th, 16th, 22nd, 23rd

Time: 8:00am – 4:00pm

Cost includes: Materials, Pocket mask, Certificates, and Processing Fee. For additional information please contact; Terry Townsend @ 530-673-6900 x109 or email terry@ycrc.com

* Cancellation Policy: Cancellations received less than 24-hrs in advanced are charged the full rate. No refunds.

Life Guard Training Registration 2010

LG

Name: _____ **Age:** _____

Parent / Guardian Name: _____ **Phone Number(s):** _____

Session: (circle): 1 2 3

Payment: Check # _____ or House Charge Signature: _____ Date: _____

If other (credit card, cash, etc) accounting department will contact you directly.